

GROUNDBREAKING INSIGHTS
FOR LONGER
HEALTHIER LIVES.



December 2021

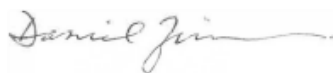
Message From The Managing Director

Welcome to the December 2021 issue of The Longer Life Foundation newsletter! As always, we hope you and your loved ones continue to be healthy and safe.

Our goal is to provide you with periodic updates on the Foundation's activities. 2021 was a year of great activity and 2022 is shaping up to be an exciting year as well. Please read the stories below to find out more.

Do feel free to share this newsletter with your colleagues, and if you have any questions, reach out to me at any time.

Thank you,



Daniel D. Zimmerman, M.D.

Managing Director, The Longer Life Foundation
Senior Vice President, Head of Global Medical, RGA



Long-Time LLF Governor Retires

After more than 20 years of leadership service to The Longer Life Foundation, Robert M. Musen is retiring from our Board of Governors on December 31, 2021. We are grateful for his years of service and wish him well.



Investigators Featured at Fall Meeting

One of the highlights of our November 18, 2021 Fall Advisory Group Meeting was the opportunity to learn about the research being conducted by Devasha Kulkarni, Ph.D. and Alex Holehouse, Ph.D., both second-year recipients of LLF support. Dr. Kulkarni discussed her investigation into the role of gut microbiota in obesity, and Dr. Holehouse presented about his work into predicting the impact of genetic variations within intrinsically disordered protein regions.



Excitement Ahead For 2022!

The next LLF-sponsored Grand Rounds, featuring Dr. Jeffrey Henderson, will be on January 6, 2022. LLF is a long-time supporter of Dr. Henderson's research, and our most recent grant to him supports his investigation into prognostic biomarkers of severe disease in COVID-19 patients.

Our 2022 docket also includes continued outreach to life insurance companies around the world to gain support for LLF's mission. Additionally, we will be looking for opportunities to sponsor insurance industry educational events, and will commence planning to celebrate LLF's 25th anniversary in 2023. Stay tuned!



Full Research Article Series Now Available

The second and third articles of our LLF research series, authored by Hilary Henly, Global Medical Researcher, RGA, have been published. To read "Predicting Cognitive Decline: Advances In Pre-Clinical Diagnosis of Alzheimer's Disease," please click [here](#), and for "Cardiovascular Aging: Causes and Intervention," click [here](#). If you missed the first article, "Calorie Restriction (CR): What Is It and What Does the Research Tells Us?", please click [here](#).



Spring Meeting - Mark Your Calendars!

The Spring 2022 meeting of the LLF Advisory Group is scheduled for April 6, 2022, from 9:00 am to 11:30 am, U.S. Central Standard Time. Please watch for your "Hold the Date" invitation, which will be sent in the new year.